



Living Each Day With Christ

TRINITY LUTHERAN CHURCH & SCHOOL

Weekly Law & Gospel Bible Study



The law & Gospel method of Bible study is the Church's traditional way to study the Bible, which was popularized by Martin Luther. Law & Gospel Bible study makes a distinction between God's two main Biblical themes: law & Gospel. God's law theme identifies our sin, by revealing what God wants us to do that we don't do. God's Gospel theme identifies our need for Jesus the Savior, and reveals how God's love offers us salvation through Christ.

STEP ONE PRAY FOR THE HOLY SPIRIT TO REVEAL GOD'S VOICE THROUGH THE TEXT:

"Father, let your law and Gospel voice renew our love, faith, and hope."

STEP TWO READ THE TEXT REPEATEDLY UNTIL YOU CAN TELL IT IN YOUR OWN WORDS:

Luke 8:26-39 (See the reverse side of the worksheet for the printed Gospel text)

STEP THREE REVIEW A STUDY BIBLE TO DETERMINE THE TEXT'S THEOLOGICAL MEANING:

After exhibiting his power over the storm, Jesus demonstrates his authority over the demons in Gentile territory. Further, he works a dramatic transformation in a human life. The man is said to be "possessed" by demons. The unclean spirit turns out to be a regiment ("Legion" was an imperial army term), which recognizes Jesus as did other demons. The man's condition is dangerous to himself and to others, and has persisted over a long time. This is no ordinary exorcism. Its lasting effects could be doubted, which is probably why Jesus agrees to send the demons into the swine—for visible proof that the demons have left the man. They ask not to be sent to "the abyss." The word used could mean the dead (see Romans 10:7), but here it means the prison of evil spirits (2 Peter 2:4; Rev 9:1-11). The local people are terrified by what has taken place. Their fear does not lead to praise of God (5:26) but to the rejection of Jesus. The loss of the swine impresses them more than the transformation of the man, who, when the people arrive, is sitting at Jesus' feet in the attitude of a disciple listening to his word. The man wants to follow Jesus, but his vocation is to share what happened to him with his own people.



Luke 8:26-39 ²⁶Then they arrived at the country of the Gerasenes, which is opposite Galilee. ²⁷As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. ²⁸When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me" — ²⁹for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) ³⁰Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. ³¹They begged him not to order them to go back into the abyss. ³²Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. ³³Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. ³⁴When the swineherds saw what had happened, they ran off and told it in the city and in the country. ³⁵Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. ³⁶Those who had seen it told them how the one who had been possessed by demons had been healed. ³⁷Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. ³⁸The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, ³⁹Return to your home, and declare how much God has done for you. So he went away, proclaiming throughout the city how much Jesus had done for him.

STEP FOUR COMPLETE A LAW & GOSPEL BIBLE STUDY TO *Restore Hope in the Savior*

Law Question: *How does this text reveal our sin (self-centeredness) and how we do not live as God desires?*

Answer.....

Gospel Question: *How does this text reveal God’s gift of Jesus as the Savior who freely offers us salvation?*

Answer.....

Please send your “answers” to Pastor Bob: Schmalzle@yahoo.com which he likes to incorporate into the sermon.

STEP FIVE PRAYERFULLY MEDITATE UPON GOD’S GOSPEL VOICE: *Restoring Our Hope*

A. Quietening Our Inner Sanctuary: *We quiet our hearts (souls) by focusing on our breathing. Breathe in slowly to the count of five (J-E-S-U-S)...hold your breath to a count of six (C-H-R-I-S-T)...exhale to a count of seven (T-H-E-L-O-R-D). Repeat this pattern of breathing until you are relaxed.*

B. Dwelling within Our Inner Sanctuary: *We meet the Lord Jesus in the sanctuary of our hearts (souls), which is a place created within our mind’s eye for us to be with the Lord. Using our favorite sights, sounds, smells and feelings, we visualize our inner sanctuary as a place of peace where the Lord Jesus meets us.*

C. Listening to God’s Voice in Scripture Speak to Us through Jesus: *As Jesus meets us in our inner sanctuary, he lovingly shares God’s Gospel message of hope from the Scripture text we have just studied. Listening to God’s Gospel voice restores our trust and hope that Jesus’ death and resurrection freely offers us eternal Salvation. When Jesus speaks to us, our souls are nourished and refreshed.*

STEP SIX SHARE THIS LAW & GOSPEL BIBLE STUDY WITH A FRIEND:

Forward this email, give a printed copy, or like then re-post on social media. Find more at: www.7HabitsOfJesus.com