

The law & Gospel method of Bible study is the Church's traditional way to study the Bible, which was popularized by Martin Luther. Law & Gospel Bible study makes a distinction between God's two main Biblical themes: law & Gospel. God's law theme identifies our sin, by revealing what God wants us to do that we don't do. God's Gospel theme identifies our need for Jesus the Savior, and reveals how God's love offers us salvation through Christ.

**STEP ONE** PRAY FOR THE HOLY SPIRIT TO REVEAL GOD'S VOICE THROUGH THE TEXT:

*"Father, let your law and Gospel voice renew our love, faith, and hope."*

**STEP TWO** READ THE TEXT REPEATEDLY UNTIL YOU CAN TELL IT IN YOUR OWN WORDS:

**Matthew 10:24-39** (See the reverse side of the worksheet for the printed Gospel text)

**STEP THREE** REVIEW A STUDY BIBLE TO DETERMINE THE TEXT'S THEOLOGICAL MEANING:

Jesus sent out the disciples for their first mission journey (10:5) with instructions about its shape and difficulties. In 10:8 he described the effect that their mission would have on others. They would cure the sick, raise the dead, cleanse lepers, and cast out demons. In verses 16-23 Jesus made clear that those who would not receive the disciples would persecute them. For these difficult circumstances, Jesus gave the disciples five reassurances: 1. God would be with them as they made their witness; 2. The Son of Man would come before they preached to every town, so they could flee a town if persecution came; 3. Those who are members of the Father's family will be brought to salvation, even when other families betray each other to death; 4. Since the Son of God, their teacher and master, would be persecuted, they were not to hope to avoid persecution; And, 5. They were to fear only the one who can bless and damn. Enemies of the Gospel can persecute believers only within limits set by our heavenly Father. Because He is in charge of our lives, we need not be afraid of those who oppose us because we confess Christ.



**Matthew 10:24-39** <sup>24</sup>A disciple is not above the teacher, nor a slave above the master; <sup>25</sup>it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! <sup>26</sup>So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. <sup>27</sup>What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. <sup>28</sup>Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. <sup>29</sup>Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. <sup>30</sup>And even the hairs of your head are all counted. <sup>31</sup>So do not be afraid; you are of more value than many sparrows. <sup>32</sup>Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; <sup>33</sup>but whoever denies me before others, I also will deny before my Father in heaven. <sup>34</sup>Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. <sup>35</sup>For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; <sup>36</sup>and one's foes will be members of one's own household. <sup>37</sup>Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; <sup>38</sup>and whoever does not take up the cross and follow me is not worthy of me. <sup>39</sup>Those who find their life will lose it, and those who lose their life for my sake will find it.

**STEP FOUR COMPLETE A LAW & GOSPEL BIBLE STUDY TO *Restore Hope in the Savior***

**Law Question:** *How does this text reveal our sin (self-centeredness) and how we do not live as God desires?*

Answer.....  
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**Gospel Question:** *How does this text reveal God's gift of Jesus as the Savior who freely offers us salvation?*

Answer.....  
 .....  
 .....

Please send your "answers" to Pastor Bob: [Schmalzle@yahoo.com](mailto:Schmalzle@yahoo.com) which he likes to incorporate into the sermon.

**STEP FIVE PRAYERFULLY MEDITATE UPON GOD'S GOSPEL VOICE: *Restoring Our Hope***

**A. Quietening Our Inner Sanctuary:** *We quiet our hearts (souls) by focusing on our breathing. Breathe in slowly to the count of five (J-E-S-U-S)...hold your breath to a count of six (C-H-R-I-S-T)...exhale to a count of seven (T-H-E-L-O-R-D). Repeat this pattern of breathing until you are relaxed.*

**B. Dwelling within Our Inner Sanctuary:** *We meet the Lord Jesus in the sanctuary of our hearts (souls), which is a place created within our mind's eye for us to be with the Lord. Using our favorite sights, sounds, smells and feelings, we visualize our inner sanctuary as a place of peace where the Lord Jesus meets us.*

**C. Listening to God's Voice in Scripture Speak to Us through Jesus:** *As Jesus meets us in our inner sanctuary, he lovingly shares God's Gospel message of hope from the Scripture text we have just studied. Listening to God's Gospel voice restores our trust and hope that Jesus' death and resurrection freely offers us eternal Salvation. When Jesus speaks to us, our souls are nourished and refreshed.*

**STEP SIX SHARE THIS LAW & GOSPEL BIBLE STUDY WITH A FRIEND:**

*Forward this via email, give a printed copy, or post on social media*