



The law & Gospel method of Bible study is the Church's traditional way to study the Bible, which was popularized by Martin Luther. Law & Gospel Bible study makes a distinction between God's two main Biblical themes: law & Gospel. God's law theme identifies our sin, by revealing what God wants us to do that we don't do. God's Gospel theme identifies our need for Jesus the Savior, and reveals how God's love offers us salvation through Christ.

STEP ONE PRAY FOR THE HOLY SPIRIT TO REVEAL GOD'S VOICE THROUGH THE TEXT:

"Father, let your law and Gospel voice renew our love, faith, and hope."

STEP TWO READ THE TEXT REPEATEDLY UNTIL YOU CAN TELL IT IN YOUR OWN WORDS:

Matthew 5:1-12 (See the reverse side of the worksheet for the printed Gospel text)

STEP THREE REVIEW A STUDY BIBLE TO DETERMINE THE TEXT'S THEOLOGICAL MEANING:

Jesus reveals surprising things about who enjoys blessings and who endures woe. He invites his disciples to shower radical love, blessings, forgiveness, generosity, and trust, even to enemies and outsiders. In holy baptism God makes saints out of sinners. In holy communion God forgives the sins of all the saints. On All Saints Day we give thanks for all the saints "who from their labors rest," who have fought the good fight, who have gained the crown. In the same breath we petition our God for the strength to hear and to heed the admonitions of the Lord Jesus in today's gospel. Recalling that we have been sealed by the Spirit and sustained by the Savior's body and blood, we keep on keeping on as God gives us breath, to the praise of God's glory.



Matthew 5:1-12 When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. ²Then he began to speak, and taught them, saying: ³"Blessed are the poor in spirit, for theirs is the kingdom of heaven. ⁴"Blessed are those who mourn, for they will be comforted.⁵"Blessed are the meek, for they will inherit the earth. ⁶"Blessed are those who hunger and thirst for righteousness, for they will be filled.⁷"Blessed are the merciful, for they will receive mercy.⁸"Blessed are the pure in heart, for they will see God.⁹"Blessed are the peacemakers, for they will be called children of God. ¹⁰"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.¹¹"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account ¹²Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

STEP FOUR COMPLETE A LAW & GOSPEL BIBLE STUDY TO *Restore Hope in the Savior*

Law Question: How does this text reveal our sin (self-centeredness) and how we do not live as God desires?

Answer.....

Gospel Question: How does this text reveal God's gift of Jesus as the Savior who freely offers us salvation?

Answer.....

Please send your "answers" to Pastor Bob: Schmalzle@yahoo.com which he likes to incorporate into the sermon.

STEP FIVE PRAYERFULLY MEDITATE UPON GOD'S GOSPEL VOICE: *Restoring Our Hope*

A. Quieting Our Inner Sanctuary: We quiet our hearts (souls) by focusing on our breathing. Breathe in slowly to the count of five (J-E-S-U-S)...hold your breath to a count of six (C-H-R-I-S-T)...exhale to a count of seven (T-H-E- L-O-R-D). Repeat this pattern of breathing until you are relaxed.

B. Dwelling within Our Inner Sanctuary: We meet the Lord Jesus in the sanctuary of our hearts (souls), which is a place created within our mind's eye for us to be with the Lord. Using our favorite sights, sounds, smells and feelings, we visualize our inner sanctuary as a place of peace where the Lord Jesus meets us.

C. Listening to God's Voice in Scripture Speak to Us through Jesus: As Jesus meets us in our inner sanctuary, he lovingly shares God's Gospel message of hope from the Scripture text we have just studied. Listening to God's Gospel voice restores our trust and hope that Jesus' death and resurrection freely offers us eternal Salvation. When Jesus speaks to us, our souls are nourished and refreshed.

STEP SIX SHARE THIS LAW & GOSPEL BIBLE STUDY WITH A FRIEND:

Forward this via email, give a printed copy, or post on social media